

Item	Description	Weight (Ounces)
Backpack	ULA Circuit	37.13
Chest Pack	OMM chest pouch	3.64
Stuff Sacks	Sea-to-Summit stuff sack 8	1.18
	sea-to-Summit stuff sack 4 liter (2x)	1.81
	sea-to-Summit stuff sack 2 liter (2x)	1.56
	Garbage bag	0.353
Sleep System	Therm-o-rest Neo Air sleeping pad	12.61
	Montbell Super Spiral Down 0 Deg sleeping bag	49.01
	Fleece pillow case (homemade) w/2 liter Platypus	3.213
	Black Diamond Spotlight bivy sack (4 Ti stakes)	21.40
Outer Layers	Arc'teryx Alpha SL pullover rain jacket	11.63
	Montbell down parka (800 fill)	8.48
	Montbell down pants (800 fill)	6.42
	Craft ski jacket	13.50
	Swix ski pants	10.33
	Wool knit hat (Mother made)	1.86
	Pistil wool hat	2.74
Base Layers	Icebreaker t-shirt 150 wt merino wool	5.25
	Smartwool long sleeve 150 wt	6.38
	Patagonia long sleeve shirt	5.57
	Smartwool long sleeve 1/4 zip merino wool	9.41
	Icebreaker boxer briefs 150 wt merino wool	2.22
	Icebreaker leggings 260 wt merino wool	9.99
Footwear	Icebreaker Trekker socks merino wool (2x)	8.13
	Smartwool liner socks merino wool (2x)	3.11
	Vasque Breeze Low GTX shoes	37.63
	Sierra Designs down booties	8.68
	Outdoor Research Gators	6.94
Handwear	Outdoor Research Latitudes mittens	8.54
	Black Diamond fleece gloves	6.43
	Pearl Izumi running gloves	0.91
Hygiene Kit	Toothbrush	2.53
	Floss, toothpaste, toothbrush	1.92
	Nail clippers	0.44
	Lip balm	0.37
	Wet Wipes	2.53
	Burt's Bees hand salve	1.62
	Toilet paper	0.71
	Foot powder	1.80
Nutrition	Multi vitamin	2.28
	Glucosamine	2.49
Repair Kit	Wire	0.43
	Zip ties (3)	0.36
	Shock cord (1.5mm)	0.35
	Snowshoe spare parts	0.21
	Duck tape	0.98
	First aide kit	0.69
	Needle & thread kit	0.42
Electronics	Iphone wall charger	2.29
	Iphone 4 phone	4.94
	Headphones	0.44
	Mophie battery pack	2.98
	Canon G11	13.73
	Camera batteries, memory cards, charger	7.92
Navigation	Compass	2.32
	Garmin e-trex GPS	5.19
	Maps	5.75
	Space pen	0.67
Accessories	Black Diamond Spot Headlamp	3.10
	Smith sunglasses (Polarized)	1.17
	Journal	10.16
	LED safety flasher	2.96
Cook Kit	Pot Cozy (homemade)	0.97
	MSR Ti Titan Kettle	4.40
	Snow Peak Ti 300 cup	1.95
	Buck pocket knife	3.92
	REI Ti spork	0.63
	Potstand (homemade)	0.95
	Evernew Ti alcohol stove	1.28
	Windscreen	1.63
Water system	Aquamira water treatment	3.15
	Wide mouth nalgene 1liter (2x)	12.71
Walking Accessories	M.S.R. Lightning Ascent Snowshoes 30"	71.11
	Leki trekking poles w/ snow baskets	16.21
	Total (oz)=	508.72
	Total (lbs)=	31.80